



Dr. Mahesh P. Maheta

M. A., Ph.D.

(H.O.D in Psychology)

Arts & Commerce college – Mendarda.

PERSONAL INFORMATION

- Name : Maheshkumar Parsotambhai Maheta
- Mother Name : Kubarben
- Gender : Male
- Date & place of Birth : 22/10/1975, Mendarda
- Nationality : Indian
- Marital status : Married
- Category to which belongs : OBC
- Blood group : B+ve
- Languages Known : Gujarati – Hindi – English
- Address for the correspondence : Late. Shri N. R. Boricha Edu. Trust
Arts & commerce college
Junagadh road, Mendarda -362 260.
Dist : Junagadh (Gujarat)
- Permanent Address : “Janki” , D. D. Nagar,
Najapur road, Mendarda – 362 260.
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- E-mail : dr.m.p.maheta@gmail.com

EDUCATIONAL QUALIFICATION

No.	Exam	Board\University	School\College	Subject	Year of Passing	Class
1	M. A.	Sardar Patel University – Vallabh Vidyanagar	Department of Psychology	Psychology	1991	First
2	B. A.	Saurashtra University, Rajkot	Bahuddin Arts college – Junagadh	Psychology	1989	Second
3	H.S.C	G.H.S.E.B	G. P. high school - Mendarda	Arts	1986	Second
4	S.S.C	G.H.S.E.B	G. P. high school - Mendarda	Arts	1983	Second

Name of Degree	Title of the thesis	Date of Award as per university notification	Name of the university
Ph.D.	A Comparative study of occupational stress, institute's health, organizational commitment and professional involvement in handicapped and unhandiapped employees	24-11-2012	Saurashtra University, Rajkot

COMPUTER SKILLS

- Basic Computer skills and Internet knowledge.
- Completed Government Certified 'CCC' Course in Doeacc Society with B grade
- Completed Basic computer course in Directorate of Employment and training Gujarat Council of Vocational Training Gandhinagar – Gujarat

JOB PROFILE

- Department : Psychology
- Name of college : Arts & commerce college, Mendarda (Gujarat)
- Current Designation : Associate Professor & Head Department of Psychology
- Interview Date : 25/05/1994
- Appointment : Letter No. 1799/B/94, Date : 16/9/1994]
- Joining Date : 17/09/1994
- Recognition (uni) : 6/12/1994 kra/jo/311449/94/1104/94 dt.13/9/1994
- Recognition (gov) : 10066/85/n/b/k/op/v3/k/99/2000 dt.3/11/1999
- Recognition (P.G.) : A.R. no 2079-2003 dt.6/12/2003
- Member of Board :
- Employee No. : 3728
- G. P. F. No :27727
- Driving licence : GJ11-jd-00-127473 Dt. 19/09/2008

EXPERIENCE

- 20 year of teaching experience as Undergraduate Level in Arts & Commerce College- Mendarda, Dist: Junagadh(Gujarat)
- 9 year of teaching experience as Postgraduate Level in Dr. Subhash Mahila Arts & commerce college – Junagadh (Gujarat)
- Research experience 2 year spent for Ph. D.
- Served as In-charge Principal for 12 years at Arts and Commerce College, Mendarda.

RESEARCH AND ACADEMIC CONTRIBUTION

1. Published Papers in Journal

Sr.	Title	Journal	ISSN/ISBN	Volume No. Month/Year
1	Marriage and family; family Disorganization	Recent thought	ISSN-2278-4594	2 ; OCT-2012
2	A study of employees job stress	Research Journal of social and life science	ISSN-0973-3914	3; DEC-2013
3	Smart communication problems & meoswer	Recent thought	ISSN-2231-2137	3; DEC-2012
4	A Study of some personality correlates of androgyny among saints and artists	Contemporary Rese. In India	ISBN-978-81-125236-0-6	2; DEC-2012
5	Deprecation in the Indian socio cultural context	Contemporary Rese. In India	ISSN-2231-2137	3; March -2013
6	Women's psychology of fear	Contemporary rese. In India	ISSN-2231-2137	3; March -2013
7	Valuable life: life values	Research Review	ISSN-2321-4708	August, 2013
8	Psychology's expanding ksatijo	Research Review	ISSN-2321-4708	October, 2013

2. A) Articles/Chapters published in Books

Sr.	BOOK	ISSN/ISBN	Editor month& year
1	TAHUKO	-	Arts & commerce college – Mendarda FEB-2004
2	Behavior Modification Techniques	ISBN-978-81-8465-280-2	Unice Offset – Ahmadabad 2010
3	Sansodhan Skhatij	ISBN-978-93-81791-03-6	Sarth Publication – Vallabh Vidhyanagar 2012
4	Psychology of job	ISBN-978-93-5053-155-3	New Delhi – Cybertech Publications 2013

B) Full Papers in Conference Proceedings

Sr.	Title	Details of Conference Publication	ISSN/ISBN	Date	Level
15	DOMESTIC VIOLENCE RAPE AND SUICIDE TENDENCY IN WOMEN	DEPARTMENT OF PSYCHOLOGY, SAURASHTRA UNIVERSITY, RAJKOT & SHREE G.K. & C.K. BOSAMIA ARTS AND COMMERCE COLLEGE, JETPUR	ISBN-978-81-125236-00-6	24/02/2013	NATIONAL

C) Books Published as single author or as editor

Sr.	BOOK	ISSN/ISBN	Editor
1	OCCUPATIONAL STRESS	ISBN-978-81-925117-0-2	SAURASHTRA UNIVERSITY RAJKOT –
2	EDUCATIONL OF PSYCHOLOGY	ISBN 978-93-82-745-00-6	CYBERTECH NEW DILHI –

3. Ongoing Research projects (Applied for Minor Research Project)

Sr.	Title	Agency	Period
1.	A psychological study of personality quality of life and suicide tendency in college students	UGC	Three year

4. Research Guidance:

Applied for Guideship in Saurashtra University, Rajkot.

5. Faculty Development Programmes

No.	Name of the Course	Name of the Academic Staff College	Name of the University	Duration
1	Orientation -1	Academic Staff college – Rajkot	Saurashtra University – Rajkot	Dt.17/11/1997 to Dt.13/12/1997
2	Refresher – 1	Academic Staff college – Rajkot	Saurashtra University – Rajkot	Dt.07/12/1998 to Dt.27/12/1998
3	Refresher – 2	Academic Staff college – Rajkot	Saurashtra University – Rajkot	Dt.11/02/2002 to Dt.03/03/2002
4	Refresher – 3	Department of Psychology	Sardar Patel University – Vallabh Vidyanagar	Dt.27/11/2003 to Dt.17/12/2003
5	One Week Training and Capability Building Programme in Psychology	Ahmadabad Management Association	Knowledge Consortium of Gujarat Department of Education- Government of Gujarat – Gandhinagar	Dt.30/01/2012 to Dt. 04/02/2012
6	Promotion of culture of Quality through Research	Shree Mahila Arts & Commerce College, Joshipura, Junagadh	Knowledge Consortium of Gujarat Department of Education- Government of Gujarat – Gandhinagar	Dt.08/02/2012 to Dt. 10/02/2012

6. Papers presented in conferences, seminars, workshops, symposia

Sr. no	Title of the paper	Title of seminar conference	Organized by	Level	DT.
1	ZFQ8=LI V[STF S[;NE D[\ SALZ	ICgNL ;FICtl D[\ ZFQ8=LI V[STF	ICgNL ;FICtl VSFNDL4 UFWLGUZ4 V[JD zL V[R4 V[,4 58[, VF8; V[g0 SMD; SM,[H4 EFIFJNZ	NATION	22/11/2008
2	MANAV JIVAN PAR SHREEMAD GITA NO PRABHAV	PARCHIN BHARTIYA SANSKRITI VANGMAYNO PARVARTI BHARTIYA SAHITYA PAR PRABHAV	Department of Sanskrit, Shree Mahila Arts & commerce college, Joshipura, Junagad	NATION	03/01/2009
3	RESEARCH METHODOLOGY	RESEARCH METHODOLOGY	GUJARAT PSYCHOLOGY ASSOCIATION & KANSAGAR MAHILA COLLEGE – RAJKOT	SATE	04-05-2001
4	Gunvata shikshan ma shikshk nu sahabhai panu	Quality sustence of higher education institutions in rural areas	SPONSORED BY NAAC, ARTS & COMMERCE COLLEGE – MANAVADAR	National	5-6/12/2009
5	PSYCHOLOGY OF TERRORISM	In light of psycho socio concept	SPONSORED BY UGC, SHRI A.K. DOSHI MAHILA COLLEGE – JAMNAGAR	Sate	15/02/2009
6	Bhartiya Sanskriti Vibhavana , swarup, ane	Cultural phenomena in India literature	Sponsored by UGC & Shree H. L. Patel arts & commerce college – Bhayavadar	National	16-17/01/2010
7	CBSC orientation quaternary seminar	-	Shree Mahila Arts & commerce college – Junagadh	College	17/06/2010
8	Global arises	Contemporary Issues in commerce and Management	Indian Accounting Association, Saurashtra Branch,	National	20/02/2010

			Rajkot, Shree G.K. & C.K. Bosamia Arts and Commerce college, Jetpur		
9	Paryavaran na pravartman prashno	Rashrtiya Sangoshti	Shree Somanath education society, veraval & Smt. S. P. Chokshi Arts & Shree P. L. Chokashi commerce college-Veravel	National	02/01/2010
10	Life skills for Quality of life	Life skills for Quality of life	46 th National and 15 th International conference of the Indian Academy o Applied Psychology	International	4-6/02/2011
11	Marriages and family disorganization	Marriages and family disorganization	Saurashtra Psychology Association – Rjkot	National	26-27/02/2011
12	Education of Gandhi Thought	Gandhi thought, Anna movement and our Education	Maharajashri Bhagvatsinhji Arts & Commerere college – Gondal	National	04/03/2012
13	Lokgitma Pranyabhav	Loksathitya ane lokasanskriti vimarsh	Gujarat Sahitya Academy, Gandhinagr & Shree Mahila Arts & Commererce college, Junagadh	National	1-2/03/2012
14	Bhartiyataya purujjagrane swamivivekanandsya yogdanm	Bhartiyataya purujjagrane swamivivekanandsya yogdanm	Shree Somanath Sanskrt university – Veraval	National	18-19/02/2013
15	Stress Management Strategies Managing job stress	A Global Need : Stress Management Strategies	Smt. R. R. Patel Mahila Arts & commerce college, Rajkot	National	18/01/2011
16	Managing job stress	Scientific session and presented	Sponsored UGC, Smt. K. S. N. Kansagra mahila college – Rajkot	National	5-6/03/2011
17	Psychological Experimental Workshop – 2005	-	Saurashtra psychology Association, Rajkot & Shri G.K & C.K bosamia Arts & commerce college, Jetpur	Stat	18/09/2005
18	Personality development	Workshop on Perersonality	Sponsored by UGC, Department of	Nation	9-11/10/2008

		development	Psychology & Sadar Patel University Vallabh vidyanagar		
19	One day workshop for research scholars	One day workshop for research scholars	Traning & research task force Bahuddin Govt. Arts College & prabhas Shodh Sansthan- Junagadh. Gujarat state	National	28/02/2009
20	Research Methodology and Minor/ Major Research Project	-	Sponsored by UGC, The department of Sociology of Shri M. M. Ghodasara Mahila Arts and Commerce, Junagadh	State	2-3/10/2009
21	Cholce based Credit System : Prospects and Problems	-	Saurashtra Universitty, Rajkot & Arts, commerce & Computer Science college, Manavadar	State	04/08/2011
22	Research Methodology	-	Shri K. O. Shah Muniicipal Arts & commerce college, Dhoraji	State	17/02/2013

7. Invited Lectures & Chairmanship

Sr.	Session	Title of the seminar	Organized by	Level	Date
1	Lectures	Personality development	Shree Devmani arts & commerce – Vishavadar	Regional	28/08/2009
2	Lectures	Personality Development	WaySoft Education center Mendarda	Regional	8-9/10/2011
3	Lectures	Personality Development	WaySoft Education Center Mendarada	Regional	9/10/2010

8. Participated in Symposium on the syllabus of Psychology P.G. Department of Psychology , Saurashtra University, Rajkot

Sr.	Detail
1	B.A. Sem. 3, 4, 5, 6 set of Syllabus
2	B.A. Sem. 3 to 6, set paper no. 3 , 5, 10, 14 Quest. Banke
3	F.Y, S.Y, T.Y. B.A , M.A Part 1 & 2 Paper setting & practical examine

Other Relevant Information/Awards, Recognition Received

Sr. no.	Details
1	8 th Annual Conference of Gujarat Psychology Association Nov.15-16/1991
2	11 th Annual Conference of Gujarat Psychology Association January : 21—22, 1995 in] Smt. J. A. Patel Mahila college – Morbi
3	13 th Annual Conference of P.G. Department of Psychology, Gujarat Psychology Association Saradar Patel University – Vallabh Vidyanagar
4	UGC Sponsored State Level Seminar on Human Resource Development in 21 st centure organized by Shri M. M. Godasara Mahila Arts & Commerce College – Junagadh.
5	Gujarat Psychology Association (P.G. Dept. Psychology Sardar Patel University Vallabh-Vidyanagar) 16 th Annual Conference 16 & 17 Jan. 2000
6	17 th Annual Conference of Gujarat Psychology Association December : 23—25, 200 in Prerana Dham-Junagadh
7	18 th Annual Conference of Gujarat Psychology Association January : 27—28, 2002 in Shah K. S. Arts and V. M. Parekh commerce college, Kapadwanj
8	U.G.C. Sponsored State level Seminar on Mental Hygiene and Phycho-Somatic Disoreders on 16-17 March, 2002 by Saurashtra University – Rajkot
9	Sardar Patel Unviersity Department of Psychology- Vallabh vidyanagar, “First state Level conference of Psychology , June, 1 & 2, 2003
10	Sate Level conference on Application of Psychology in Applied Fields, February, 12-2006 Organized by Saurashtra Psychology Association, Saurashtra university- Rajkot
11	Participated in the Psychological Problems seminar – 2007 anspicious of Saurashtra Psychology Association – Rajkot. Held at Shree Mahila Arts & commerce College, Joshipura Junagdh
12	5 th State level conference on Importance of Psychology in current Problem of Society , January 28, 2007. Organized by Saurashtra Psychology Association & K.S.N Kansagra Mahila collge Saurashtra university , Rajkot
13	Participation National Conference of The Indian Association of Human Behaviour Held Sardar Patel University – Vallabh Vidyanagar during March 8-9, 2008
14	7 th state level workshop on Research Methodology Organized by the Saurashtra Psychology Association – Rajkot and Mahila Arts & commerce college-Veraval at. Somanath, 6-7/09/2008
15	National Conference on Community & Psychological well Beling 21 st and 22 nd , February-2009 Organized by SaurashtraPsychology Association & Department of Psychology, Saurashtra University , Rajkot
16	6 th State Level Conference on Adjustments in various Fields of Psychology organized by Saurashtra Psychology Association—Rajkot and Shri Sardar Patel Kelaveni Mandal- Jetpur Managed by Late. P. S. Hirpara Mahila Arts & commerce College-Jetpur
17	Best of education care, Samast Rajgor Brahimm Grnti Sarsavati Sanman Samiti – Rajkot dt.13/01/2013, place: nagar Bording Rajkot.
18	Vatika prkasan Sapdan Mandall, Mendarda , Spocerd by Malatdar sa. Mendarda dt.06/11/2009 No.adm2/ta.vi.va./09

Professional Memberships

- Member of Board of Studies of Studies of Psychology Saurashtra University, Rajkot
- Member, Syllabus Framing committee of U.G & P.G. level
- Member, Gujarat Psychology Association
- Member, Shurashtra Psychology Association
- Member, Research Journal of Social & life Science, Rwea(Maharashtra)
- President, Brahmasamaj Mendarda
- Precedent, Jiva Seva Satsang Mandal, Mendarada
- Treasurer, JECESS CLUB Mendarda
- Vice-Precedent, Dahreswar Youth club, Mendarda

Memberships of College Committee

- Head, Dept. of Psychology
- Chairperson, Drama Committee.
- Member, Grievance Redressal Cell
- Member, Tour Committee